



# April Morton Elementary Lunch



**Elem Lunch \$ 2.80**

**Milk \$ 0.60**

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Spring Break	Spring Break	Spring Break	Spring Break	Spring Break
10	11	12	13	14
No School	Chicago Style All Beef Hot Dog Vegetarian Beans Vegetable of the Day Fruit of the Day	1/2 Day Meals	Cheesy Pasta Bake w/ Garlic Bread Seasoned Green Beans Vegetable of the Day Fruit of the Day	Mini Corn Dogs Green Peas Vegetable of the Day Fruit of the Day
17	18	19	20	21
*BBQ Pork Rib Sandwich Garlic Roasted Carrots Vegetable of the Day Fruit of the Day	Sloppy Joe on a Bun Sweet Corn Vegetable of the Day Fruit of the Day	Pizza Dippers w/ Marinara Sauce Mixed Vegetables Vegetable of the Day Fruit of the Day	Chicken Quesadilla Seasoned Black Beans Vegetable of the Day Fruit of the Day	Baked Potato w/ Chili Soft Pretzel Steamed Broccoli Vegetable of the Day Fruit of the Day
24	25	26	27	28
Chicken Parmesan Sandwich Seasoned Green Beans Vegetable of the Day Fruit of the Day	Beef Soft Tacos Fiesta Beans Vegetable of the Day Fruit of the Day	Homemade Mac & Cheese-V Soft Pretzel Rod Steamed Broccoli Vegetable of the Day Fruit of the Day	Italian Meatball Sub Smiley Fries Vegetable of the Day Fruit of the Day	Fiesta Chicken Nachos Chili Lime Sweet Corn Vegetable of the Day Fruit of the Day

## Daily Options

**Ham & Cheese Sandwich  
Crispy Chicken Salad**

**Monday-Juicy Cheeseburger  
Tuesday-Crispy Chicken Nuggets  
w/ Goldfish  
Wednesday-Cheesy Beef Nachos  
Thursday-Crispy Chicken Sandwich  
Friday- Pizza Varieties**

## **Now Hiring For Food Service Positions**

**Contact Brooke  
Snell at  
309-284-6320**

## Arbor A+ Nutrition Mission

**To serve students daily:**

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

*-Arbor Management-*

**Please note:** Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding!

This institution is an equal opportunity employer.

\*Contains or may contain pork

V= Vegetarian

## Included with Every Meal

**Fruit and Vegetable  
Choice of Milk**



For more  
information or to  
"Ask the Dietitian",  
check out our website!

**Make Choices for a Healthy Lifestyle!**



# April Morton JH School Lunch



**Lunch \$ 2.90**

**Milk \$ 0.60**

**FEATURES**

## We are Hiring!

We Need Cooks, Managers, Food Servers and Drivers!

You will love the work schedule!

No nights or weekends! Holidays off!

Apply Online at:

[www.arbormgt.com/careers](http://www.arbormgt.com/careers)

Scan  
Me To  
Apply!



Garden Spot

Deli Express

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Spring Break	Spring Break	Spring Break	Spring Break	Spring Break
10	11	12	13	14
No School	Chili Cheese Dog Vegetarian Beans Vegetable of the Day Fruit of the Day	1/2 Day	Pasta w/ Meat Sauce & Garlic Bread Vegetable of the Day Fruit of the Day	Italian Meatball Sub Green Peas Vegetable of the Day Fruit of the Day
17	18	19	20	21
*Honey BBQ Pork Rib Sandwich Garlic Roasted Carrots Vegetable of the Day Fruit of the Day	Sloppy Joe on a Bun Sweet Corn Vegetable of the Day Fruit of the Day	Italian Sausage Pasta Bake Garlic Bread Mixed Vegetables Vegetable of the Day Fruit of the Day	Fajita Chicken Quesadilla Seasoned Black Beans Vegetable of the Day Fruit of the Day	Baked Potato w/ Chili Soft Pretzel Seamed Broccoli Vegetable of the Day Fruit of the Day
24	25	26	27	28
Yang's Orange Chicken Brown Rice Green Beans Vegetable of the Day Fruit of the Day	Beef Soft Tacos Fiesta Beans Vegetable of the Day Fruit of the Day	Homemade Mac & Cheese-V Soft Pretzel Rod Steamed Broccoli Vegetable of the Day Fruit of the Day	Chipotle Chicken Nachos w/ Cilantro Lime Rice Sweet Corn Vegetable of the Day Fruit of the Day	Grilled BBQ Chicken Sandwich Smiley Fries Vegetable of the Day Fruit of the Day
Monday	Tuesday	Wednesday	Thursday	Friday
Crispy Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Pita Bread	Chicken Caesar Salad w/ Pita Bread	Taco Salad
*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich

## Daily Entrées

**Cheeseburgers**

**Chicken Sandwiches**

**Pizza Selection**

**Cheesy Nachos**

## Included with Every Meal

**Fruit and Vegetable  
Choice of Milk**

**V= Vegetarian**

(\*) Contains or may contain Pork

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- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms
- ✓ Plant based entrée options

*Arbor Management*

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# April Morton High School Lunch



**Lunch \$ 3.00**

**Milk \$ 0.60**

## FEATURES

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Garden Spot

Deli Express

Monday	Tuesday	Wednesday	Thursday	Friday
3 Spring Break	4 Spring Break	5 Spring Break	6 Spring Break	7 Spring Break
10 No School	11 Beef Soft Tacos Brown Rice Mexican Corn Fiesta Beans Zesty Salsa	12 1/2 Day	13 *Grilled Chicken Bacon Melt Spiral Fries Sliced Cucumbers	14 Italian Meatball Sub Seasoned Green Beans Leafy Green Salad
17 Chicken Fajita Quesadilla Chili Lime Sweet Corn Grape Tomatoes Zesty Salsa	18 Yang's Mandarin Orange Chicken Brown Rice Stir Fry Veggies Baby Carrots	19 Pasta Bolognese Garlic Bread Green Peas Sliced Bell Peppers	20 *Honey BBQ Pork Rib Sandwich Baked Fries Fresh Cole Slaw	21 Baked Potato w/ Chili & Soft Pretzel Steamed Broccoli Black Beans
24 Hot Italian Cheesy Sub Seasoned Green Beans Baby Carrots	25 Korean Beef Tacos Honey Ginger Carrots Purple Cabbage Slaw	26 Homemade Buffalo Mac & Cheese Pretzel Rod Steamed Broccoli Grape Tomatoes	27 Chipotle Chicken Burrito Bowl w/ Brown Rice Black Beans Sweet Corn	28 Grilled BBQ Chicken Sandwich Smiley Fries Cauliflower Florets Baby Carrots
Crispy Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Pita Bread	Chicken Caesar Salad w/ Pita Bread	Taco Salad
*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich

## Daily Entrées

**Burgers**  
**Chicken Sandwiches**  
**Pizza Selection**  
**Nachos**

Included with Every Meal  
**Fruit and Vegetable**  
**Choice of Milk**

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Fresh fruits and vegetables, locally sourced as  
seasonally available
- ✓ Cage free poultry with no added hormones or  
steroids
- ✓ Fresh whole and multigrain bread, buns and  
baked goods
- ✓ No-fat or 1% milk free from any growth hor-  
mones from local, sustainable farms
- ✓ Plant based entrée options

*~Arbor Management~*

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# April Morton Academy School Lunch

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**Milk \$ 0.60**

**Included with Every Meal**

**Fruit and Vegetable  
Choice of Milk**

**FEATURES**

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10	11	12	13	14
No School	Beef Soft Tacos Brown Rice Mexican Corn Vegetable of the Day Fruit of the Day	1/2 Day No Meals	*Grilled Chicken Bacon Melt Vegetable of the Day Fruit of the Day	Italian Meatball Sub Seasoned Green Beans Vegetable of the Day Fruit of the Day
17	18	19	20	21
Chicken Fajita Quesadilla Chili Lime Sweet Corn Vegetable of the Day Fruit of the Day	Yang's Mandarin Orange Chicken Brown Rice Stir Fry Veggies Vegetable of the Day Fruit of the Day	Pasta Bolognese Garlic Bread Green Peas Vegetable of the Day Fruit of the Day	*Honey BBQ Pork Rib Sandwich Baked Fries Vegetable of the Day Fruit of the Day	Baked Potato w/ Chili & Soft Pretzel Steamed Broccoli Vegetable of the Day Fruit of the Day
24	25	26	27	28
Hot Italian Cheesy Sub Seasoned Green Beans Vegetable of the Day Fruit of the Day	Korean Beef Tacos Honey Ginger Carrots Vegetable of the Day Fruit of the Day	Homemade Buffalo Mac & Cheese Pretzel Rod Steamed Broccoli Vegetable of the Day Fruit of the Day	Chipotle Chicken Burrito Bowl w/ Brown Rice Black Beans Vegetable of the Day Fruit of the Day	Grilled BBQ Chicken Sandwich Smiley Fries Vegetable of the Day Fruit of the Day
Crispy Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Pita Bread	Chicken Caesar Salad w/ Pita Bread	Taco Salad
*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich

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~Arbor Management~

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