Literary Resources

Preschool to Early Elementary

NO-NO THE LITTLE SEAL by Judith Feldman (1986) A young seal is upset when his uncle starts touching his body in private places, until he finds the courage to tell Wise Whale Reading level: toddler-preschool.



SOMETHING HAPPENED AND I'M SCARED TO TELL: A BOOK FOR YOUNG VICTIMS OF ABUSE by Patricia Kehoe (1987)

Helps shift the blame from the victim to the perpetrator, which is a crucial message.



LOVING TOUCHES by Lory Freeman (1986)

Tool to reach young children about the need for loving, nurturing touches as well as the prevention of harmful touches Reading level: ages 4-8



TELLING ISN'T TATTLING By Kathryn M. Hammerseng (1995) Encourages kids to think about how they might handle both minor irritations and potentially dangerous situations: ages 4-8



YOUR BODY BELONGS TO YOU by Teri Weidner (1987) The author explains that a child's body is his or her own; that it is all right for kids to decline a friendly hug or kiss, even from someone they love. Ages 4-8



THE TROUBLE WITH SECRETS by Karen Johnson (1986) Helps young children understand the difference between good and bad secrets.



A BETTER SAFE THAN SORRY BOOK: A FAMILY GUIDE FOR SEXUAL ASSAULT PREVENTION by Sol Gordon and Judith Gordon (1992) Discusses the sexual assault of children and how it can be prevented or survived Reading level: ages 4-8



MY BODY IS PRIVATE by Linda W. Girard, (1984) Introduces the topic of sexual abuse and ways to keep one's body private Reading level:ages 4-8



I CAN PLAY IT SAFE by Alison Feigh, their gut instincts, this book gives children the knowledge and confidence they need to make smart choices about their personal safety every day.



BOBBY AND MANDEE'S GOOD TOUCH BAD By Robert Kahn (2011) Simple and direct, this book helps young children and children with developmental delays, to understand what to do when someone touches them inappropriately.



I SAID NO! A Kid-to-kid Guide to Keeping Private Parts Private by Kimberly King (2008) Kid friendly approach to help kids set healthy boundaries. Age 4 and up



A TERRIBLE THING HAPPENED by Margaret M. Holmes and Sasha J. Mudlaff (2000) This gently told and tenderly illustrated story is for children who have witnessed any kind of violent or traumatic episode, Ages 4 and up.



Literary Resources

Upper Elementary

SOME SECRETS SHOULD NEVER BE KEPT by Janeen Sanders (2015) Beautifully illustrated children's picture book that sensitively broaches the subject of keeping children safe from inappropriate touch.



IT HAPPENS TO BOYS, TOO by Jane Satullo & Russell Bradway (1987) ages 6-13 It addresses all the general, important information which survivors need to hear. But it also addresses issues that are specific to boys.



NO MORE SECRETS FOR ME by Oralee Wachter (2002) Helps parents talk with their children about the sensitive subject of sexual abuse Reading level: ages 9-12



PLEASE TELL! A CHILD'S STORY ABOUT SEXUAL ABUSE by Jessie Ottenweller (1991) A simple book with a profoundly important message for children who have been sexually abused: the abuse wasn't their fault Reading level: ages 9-12



A VERY TOUCHING BOOK by Jan Hindman (1983) Uses humor and creative illustrations to introduce safe touch.



Literary Resources

Teenage

IT HAPPENED TO ME: A TEEN'S GUIDE TO OVERCOMING SEXUAL ABUSE by William Lee Carter (2002)



HOW LONG DOES IT HURT: A Guide to Recovering from Incest and Sexual Abuse by Cynthia Mather and Kristina Debye (2004) Speaks directly to victims of sexual abuse to help them come to grips with what is happening to them and overcome their feelings of isolation, confusion and self-doubt



THE ME NOBODY KNOWS: A GUIDE FOR TEEN SURVIVORS by Barbara Bean and Shari Bennett (1997) Offers simple, concrete advice about reporting abuse and how to seek counseling.

