




May Morton Elementary Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
3 Hot Dog Or Cheddar Cheese Stick—V Goldfish Pretzels Hard Boiled Egg Vegetable of the Day Fruit Serving	4 Chicken Sandwich Or Crispy Chicken Roll-Up Vegetable of the Day Fruit Serving	5 Half Day No Lunch	6 Chicken Nuggets Or Chef Salad w/Whole Grain Tortilla Vegetable of the Day Fruit Serving	7 Jefferson Picnic Cheese Pizza—V Or Turkey & Cheese Sub Vegetable of the Day Fruit Serving
10 Lincoln Picnic *BBQ Rib Sandwich Or Yogurt Pack—V Strawberry Yogurt Cheese Stick Cinni Mini Vegetable of the Day Fruit Serving	11 Grundy Picnic Chicken Sandwich Or Chili Cheese Fries Vegetable of the Day Fruit Serving	12 Lettie Brown Picnic Cheesy Beef Nachos Or Pizza Burger Vegetable of the Day Fruit Serving	13 Grundy & Jefferson Step Up *Crispy Chicken Bacon Melt Or BBQ Chicken Sandwich Vegetable of the Day Fruit Serving	14 Brown & Lincoln Step Up Italian Meatball Sub Or Pizza Munchable with Cheese & Marinara —V Vegetable of the Day Fruit Serving
17 Pizza Dippers w/Marinara Sauce Vegetable of the Day Fruit Serving	18 French Toast Sticks & Turkey Sausage Vegetable of the Day Fruit Serving	19 Jumbo Corn Dog Vegetable of the Day Fruit Serving	20 Last Day Half Day No Lunch	21
24 Free Summer Meals Grilled Cheese Sandwich—V Vegetable of the Day Fruit Serving	25 Chicken Nuggets Vegetable of the Day Fruit Serving	26 Hot Dog Vegetable of the Day Fruit Serving	27 Cheese Pizza—V Vegetable of the Day Fruit Serving	28 Yogurt Pack—V Strawberry Yogurt Cheese Stick Cinni Mini Vegetable of the Day Fruit Serving
31 Free Summer Meals Hamburger Vegetable of the Day Fruit Serving			 <p>SCHOOL LUNCH HERO DAY May 7, 2021</p>	Picnic Menu Grilled Hamburger Or Grilled Hot Dog BBQ Baked Beans Baby Carrots w/Ranch Fresh Fruit

**FREE
MEALS**
**To All Children
18 and Under**

Included with Every Meal
Fruit and Vegetable
1% or Fat-Free Milk

**Now Hiring For
Food Service
Positions**
**Contact Kristina
Klein at**
309-284-6320

Arbor A+ Nutrition Mission
To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

—Arbor Management—

Make Choices for a Healthy Lifestyle!




For more information or to "Ask the Dietitian", check out our website!



May Morton Jr. High Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
3 Hot Dog Or Cheddar Cheese Stick—V Goldfish Pretzels Hard Boiled Egg Vegetable of the Day Fruit Serving	4 Chicken Sandwich Or Crispy Chicken Roll-Up Vegetable of the Day Fruit Serving	5 Half Day No Lunch	6 Chicken Nuggets Or Chef Salad w/Whole Grain Tortilla Vegetable of the Day Fruit Serving	7 Cheese Pizza—V Or Turkey & Cheese Sub Vegetable of the Day Fruit Serving
10 *BBQ Rib Sandwich Or Yogurt Pack—V Strawberry Yogurt Cheese Stick Cinni Mini Vegetable of the Day Fruit Serving	11 Chicken Sandwich Or Chili Cheese Fries Vegetable of the Day Fruit Serving	12 Cheesy Beef Nachos Or Pizza Burger Vegetable of the Day Fruit Serving	13 Step Up Day *Crispy Chicken Bacon Melt Or BBQ Chicken Sandwich Vegetable of the Day Fruit Serving	14 Step Up Day Italian Meatball Sub Or Pizza Munchable with Cheese & Marinara —V Vegetable of the Day Fruit Serving
17 Pizza Dippers w/Marinara Sauce Vegetable of the Day Fruit Serving	18 French Toast Sticks & Turkey Sausage Vegetable of the Day Fruit Serving	19 Jumbo Corn Dog Vegetable of the Day Fruit Serving	20 Last Day Half Day No Lunch	21
24 Free Summer Meals Grilled Cheese Sandwich—V Vegetable of the Day Fruit Serving	25 Chicken Nuggets Vegetable of the Day Fruit Serving	26 Hot Dog Vegetable of the Day Fruit Serving	27 Cheese Pizza—V Vegetable of the Day Fruit Serving	28 Yogurt Pack—V Strawberry Yogurt Cheese Stick Cinni Mini Vegetable of the Day Fruit Serving
31 Free Summer Meals Hamburger Vegetable of the Day Fruit Serving				



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Entrées Available Daily
Chicken Sandwich Varieties

Grilled Burger Varieties

Pizza Varieties

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~Arbor Management~

Make Choices for a Healthy Lifestyle!

Menu changes are occasionally necessary. Notice will be given when possible. This institution is equal opportunity employer.
*Contains or may contain pork


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Fruit and Vegetable
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Morton School District May High School Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken & Belgian Waffles Vegetable of the Day Fruit Serving	4 Creamy Chicken Alfredo Vegetable of the Day Fruit Serving	5 Half Day No Lunch	6 Chili Cheese Fries w/Pretzel Rod Vegetable of the Day Fruit Serving	7 Seniors Last Day Chicken Bacon Melt Vegetable of the Day Fruit Serving
10 Chicken Teriyaki w/Rice Vegetable of the Day Fruit Serving	11 Cheesy Beef Nachos Vegetable of the Day Fruit Serving	12 Bosco Sticks Marinara Sauce Vegetable of the Day Fruit Serving	13 *BBQ Rib Sandwich Vegetable of the Day Fruit Serving	14 Homemade Mac & Cheese Vegetable of the Day Fruit Serving
17 Italian Meatball Sub Vegetable of the Day Fruit Serving	18 Wings of Fire Vegetable of the Day Fruit Serving	19 Chef's Choice Vegetable of the Day Fruit Serving	20 Last Day Half Day No Lunch	21
24 Free Summer Meals Grilled Cheese Sandwich- V Vegetable of the Day Fruit Serving	25 Chicken Nuggets Vegetable of the Day Fruit Serving	26 Hot Dog Vegetable of the Day Fruit Serving	27 Cheese Pizza- V Vegetable of the Day Fruit Serving	28 <u>Yogurt Pack-V</u> Strawberry Yogurt Cheese Stick & Cinni Mini Vegetable of the Day Fruit Serving
31 Free Summer Meals Hamburger Vegetable of the Day Fruit Serving				SCHOOL LUNCH HERO DAY  May 7, 2021

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