

# REROUTING RESILIENCE TOOLS AND TACTICS

Presentation by:  
**Duncan Kirkwood**



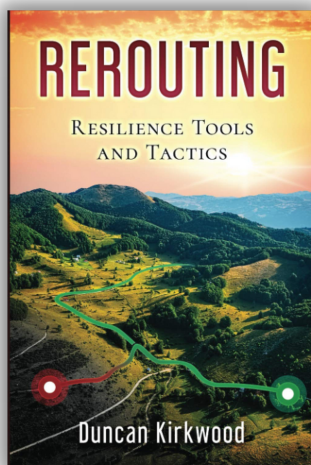
*Duncan Kirkwood*

SPEAKER, TRAINER, ADVOCATE

## WHERE & WHEN

**Morton Junior  
High School**

**February 8th  
6:00 - 7:30 PM**



***All District 709 parents are welcome!***

## ABOUT THIS SEMINAR

*Duncan has empowered and inspired audiences and organizations to be more purpose driven, resilient and mentally tough. To create change it takes a level of mental agility and a strong ability to “bounce back” in the face of adversity. This is true when trying to create change in one’s life or in the culture of an organization. Duncan provides powerful messages and tangible tools to build strong resilience, self love, grit and an understanding of how to avoid thinking traps. Duncan regularly challenges audiences to stretch their thinking, defeat their ego and take ownership of their entire reality.*