



May Morton Elementary Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicago Style All Beef Hot Dog Vegetable of the Day Fruit of the Day	3 Chicken Drumstick Dinner Roll Vegetable of the Day Fruit of the Day	4 Half Day Preordered Sack Lunches	5 Popcorn Chicken Bowl Dinner Roll Vegetable of the Day Fruit of the Day	6 Turkey & Cheese Sandwich Vegetable of the Day Fruit of the Day
9 Homemade Beef & Bean Enchilada Vegetable of the Day Fruit of the Day	10 Chicken Tenders & Belgian Waffle Vegetable of the Day Fruit of the Day	11 Pizza Dippers w/Marinara Sauce Vegetable of the Day Fruit of the Day	12 Grundy Picnic Walking Taco Nachos Vegetable of the Day Fruit of the Day	13 Jefferson Picnic Ham & Cheese Sandwich Vegetable of the Day Fruit of the Day
16 Yogurt Fun Brunch Vegetable of the Day Fruit of the Day	17 Jumbo Corn Dog Vegetable of the Day Fruit of the Day	18 Lettie Brown Picnic Creamy Mac & Cheese Soft Pretzel Rod Vegetable of the Day Fruit of the Day	19 Homemade Cheese Quesadilla Vegetable of the Day Fruit of the Day	20 Lincoln Picnic Popcorn Chicken Brown Rice Vegetable of the Day Fruit of the Day
23 Juicy Cheeseburger Vegetable of the Day Fruit of the Day	24 Cheesy Beef Nachos Vegetable of the Day Fruit of the Day	25 Crispy Chicken Sandwich Vegetable of the Day Fruit of the Day	26 Crispy Chicken Nuggets Vegetable of the Day Fruit of the Day	27 Half Day Preordered Sack Lunches
30	31			

**FREE
MEALS
To All Enrolled
Students**

Daily Options
Monday-Juicy Cheeseburger
Tuesday-Cheesy Beef Nachos
Wednesday-Crispy Chicken Sandwich
Thursday-Crispy Chicken Nuggets w/ Dinner Roll
Friday-Cheese Pizza

**Now Hiring For
Food Service
Positions**
**Contact Kristina
Klein at
309-284-6320**

Arbor A+ Nutrition Mission
To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management~

Make Choices for a Healthy Lifestyle!



For more information or to "Ask the Dietitian", check out our website!

Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding!
 This institution is an equal opportunity employer.

*Contains or may contain pork
 V= Vegetarian

Picnic Menu:
Grilled Hamburger or
Grilled Hot Dog
Baked Beans
Coleslaw
Fruit of the Day
Cookie
Milk

Included with Every Meal
Fruit and Vegetable
Choice of Milk



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MEALS
To All Enrolled
Students**

FEATURES

We are Hiring!
We Need Cooks, Managers,
Food Servers and Drivers!
You will love the work
schedule!
No nights or weekends!
Holidays off!
Apply Online at:
www.arbormgt.com/careers
Scan Me To Apply!



Garden Spot

Deli Express

May Morton JH School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicago Style All Beef Hot Dog Vegetable of the Day Fruit of the Day	3 Chicken Drumstick Dinner Roll Vegetable of the Day Fruit of the Day	4 Half Day	5 Popcorn Chicken Bowl Vegetable of the Day Fruit of the Day	6 Hot Ham & Cheese Sandwich Vegetable of the Day Fruit of the Day
9 Homemade Beef & Bean Enchilada Vegetable of the Day Fruit of the Day	10 Chicken Tenders & Belgian Waffle Vegetable of the Day Fruit of the Day	11 Rotini & Meatballs Dinner Roll Vegetable of the Day Fruit of the Day	12 Walking Taco Nachos Vegetable of the Day Fruit of the Day	13 Spicy Chicken Sandwich Vegetable of the Day Fruit of the Day
16 Chicken Fajita Burrito Vegetable of the Day Fruit of the Day	17 Jumbo Corn Dog Vegetable of the Day Fruit of the Day	18 Creamy Chicken Alfredo Garlic Bread Vegetable of the Day Fruit of the Day	19 Homemade Cheese Quesadilla-V Vegetable of the Day Fruit of the Day	20 BBQ Pork Sandwich Vegetable of the Day Fruit of the Day
23 Chef's Choice Vegetable of the Day Fruit of the Day	24 Chef's Choice Vegetable of the Day Fruit of the Day	25 Chef's Choice Vegetable of the Day Fruit of the Day	26 Chef's Choice Vegetable of the Day Fruit of the Day	27
30	31			
Popcorn Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Pita Bread	Chicken Caesar Salad w/ Pita Bread	Taco Salad
*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich

Daily Entrées

**Cheeseburgers
Chicken Sandwiches
Pizza Selection
Cheesy Nachos
Ham or Turkey &
Cheese Sandwich**

**Included with Every Meal
Fruit and Vegetable
Choice of Milk**

V= Vegetarian

(*) Contains or may contain Pork

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- ✓ A wide variety of fresh, nutrient rich foods
Fresh fruits and vegetables, locally sourced as
seasonally available
- ✓ Cage free poultry with no added hormones or
steroids
- ✓ Fresh whole and multigrain bread, buns and baked
goods
- ✓ No-fat or 1% milk free from any growth hormones
from local, sustainable farms
- ✓ Plant based entrée options

Arbor Management

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May 2022 Morton High School Lunch



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Food Servers and Drivers!
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Garden Spot

Deli Express

Monday	Tuesday	Wednesday	Thursday	Friday
2 Signature Cheeseburger Deluxe Vegetable of the Day Fruit of the Day	3 Grilled Sriracha Chicken Sandwich Vegetable of the Day Fruit of the Day	4 Half Day	5 Popcorn Chicken & Mashed Potato Bowl Vegetable of the Day Fruit of the Day	6 BBQ Pork Sandwich Vegetable of the Day Fruit of the Day
9 Homemade Beef & Bean Enchilada Spanish Rice Vegetable of the Day Fruit of the Day	10 Chicken & Waffles Vegetable of the Day Fruit of the Day	11 Rotini & Meatballs Dinner Roll Vegetable of the Day Fruit of the Day	12 Chili Cheese Fries w/ Soft Pretzel Vegetable of the Day Fruit of the Day	13 Chicken Drumstick Biscuit Vegetable of the Day Fruit of the Day
16 Western BBQ Burger Vegetable of the Day Fruit of the Day	17 Walking Taco Nachos Brown Rice Vegetable of the Day Fruit of the Day	18 Creamy Chicken Alfredo Garlic Bread Vegetable of the Day Fruit of the Day	19 Chicken & Cheese Quesadilla Vegetable of the Day Fruit of the Day	20 Grilled Chicken Monte Cristo Vegetable of the Day Fruit of the Day
23 Chef's Choice Vegetable of the Day Fruit of the Day	24 Chef's Choice Vegetable of the Day Fruit of the Day	25 Chef's Choice Vegetable of the Day Fruit of the Day	26 Chef's Choice Vegetable of the Day Fruit of the Day	27 
30	31			
Monday	Tuesday	Wednesday	Thursday	Friday
Popcorn Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Pita Bread	Chicken Caesar Salad w/ Pita Bread	Taco Salad
*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich

Daily Entrées
Burgers
Chicken Sandwiches
Pizza Selection
Nachos
**Ham or Turkey & Cheese
Sandwich**

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Choice of Milk

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