	arbor	October	Norton Elei	mentary L	unch f	Elem Lunch \$ 2.80 Milk .60¢
	Monday	Tuesday	Wednesday	Thursday	Friday	
	3	4	5	6	7	
	Chicago Style All Beef Hot Dog Baked Beans Vegetable of the Day Fruit of the Day	"Say Cheese" Toasted Sandwich-V Tomato Soup Vegetable of the Day Fruit of the Day	Half Day	Sweet n' Sour Meatballs w/ Brown Rice Steamed Broccoli Vegetable of the Day Fruit of the Day	Pepperoni Pizza Glazed Carrots Vegetable of the Day Fruit of the Day	Daily Options Turkey & Cheese Sandwich Crispy Chicken Garden Salad w/ Roll
	10	11	12	13	14	Monday-Juicy Cheeseburger
	No School	Rotini & Meat Sauce w/ Garlic Bread Green Peas Vegetable of the Day Fruit of the Day	Chicken & Waffle Honey Chipotle Sweet Potatoes Vegetable of the Day Fruit of the Day	Cheeseburger Baked Fries Vegetable of the Day Fruit of the Day	Half Day	Tuesday-Crispy Chicken Nuggets w/ Goldfish Wednesday-Mini Corn Dogs Thursday-Crispy Chicken Sandwich Friday-Cheese Pizza
	17	18	19	20	21	
	Pancakes w/ Cheesy Eggs Hash Browns Vegetable of the Day Fruit of the Day	Homemade Cheese Quesadilla-V Fiesta Beans Vegetable of the Day Fruit of the Day	Creamy Mac 'N Cheese Garlic Bread Seasoned Green Beans Vegetable of the Day Fruit of the Day	No School	No School	Now Hiring For Food Service Positions Contact Brooke
6	24	25	26	27	28	Snell at
	Crispy Chicken w/ Biscuit Steamed Carrots Vegetable of the Day Fruit of the Day	Chicago Style All Beef Hot Dog Vegetarian Beans Vegetable of the Day Fruit of the Day	*Grilled Chicken Bacon Melt Spiral Fries Vegetable of the Day Fruit of the Day	Pasta w/ Meat Sauce Garlic Bread Seasoned Green Beans Vegetable of the Day Fruit of the Day	Cheesy Beef Nachos Chili Lime Sweet Corn Vegetable of the Day Fruit of the Day	309-284-6320 Arbor A+ Nutrition Mission To serve students daily:
	31					
	Sloppy Joe Garlic Roasted Carrots Vegetable of the Day Fruit of the Day					<ul> <li>A wide variety of fresh, nutrient rich foods</li> <li>Fresh fruits and vegetables, locally sourced as seasonally available</li> <li>Cage free poultry with no added hor- mones or steroids</li> <li>Fresh whole and multigrain bread, buns and baked goods</li> </ul>
	Contraction of the		Constantine and the second			✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms
	us with little or no notice. Plea	se know that we are doing our b		ubstitution of nding!	luded with Every Meal Fruit and Vegetable Choice of Milk	Arber Management ~ Make Choices for a Healthy Lifestyle!

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Marthor	Octo	ber Morto	n JH Scho	ool <mark>Lunc</mark> h		Daily Entrées Cheeseburgers
Management Inc.	Monday	Tuesday	Wednesday	Thursday	Friday	Chicken Sandwiches
	3	4	5	6	7	Pizza Selection
Lunch \$ 2.90 Milk .60¢	Chicago Style All Beef Hot Dog Vegetable of the Day Fruit of the Day	"Say Cheese" Toasted Sandwich-V Vegetable of the Day Fruit of the Day	Half Day	Sweet n' Sour Meatballs w/ Brown Rice Vegetable of the Day Fruit of the Day	Pepperoni Pizza Vegetable of the Day Fruit of the Day	Cheesy Nachos
	10 No School	11 Rotini & Meat Sauce	12 Chicken & Waffle	13 Cheeseburger	14 Half Day	Choice of Milk
EE A TIIDES	No school	w/ Garlic Bread Vegetable of the Day Fruit of the Day	Vegetable of the Day Fruit of the Day	Vegetable of the Day Fruit of the Day	nai bay	V= Vegetarian (*) Contains or may contain Pork
FEATURES	17	18	19	20	21	<u>Arbor A+ Nutrition Mission</u> To serve students daily:
We are Hiring!	Pancakes w/ Cheesy Eggs Vegetable of the Day Fruit of the Day	Homemade Cheese Quesadilla-V Vegetable of the Day Fruit of the Day	Creamy Mac 'N Cheese Garlic Bread Vegetable of the Day Fruit of the Day	No School	No School	<ul> <li>A wide variety of fresh, nutrient rich foods Fresh fruits and vegetables, locally sourced as seasonally available</li> <li>Cage free poultry with no added hormones or steroids</li> <li>Fresh whole and multigrain bread, buns and baked</li> </ul>
We Need Cooks, Managers, Food Servers and Drivers!	24	25	26	27	28	goods ✓ No-fat or 1% milk free from any growth hormones
You will love the work schedule! No nights or weekends! Holidays off! Apply Online at: www.arbormgt.com/careers Scan Me To Apply!	Chicken Nuggets w/ Biscuit Vegetable of the Day Fruit of the Day	Chicago Style All Beef Hot Dog Vegetable of the Day Fruit of the Day	Bacon Melt Vegetable of the Day	Pasta w/ Italian Meat Sauce w/ Garlic Bread Vegetable of the Day Fruit of the Day	Cheesy Nachos Vegetable of the Day Fruit of the Day	from local, sustainable farms         ✓ Plant based entrée options         ~Arber Management ~         Make Choices for a Healthy Lifestyle!         wog online         For more
						information or to "Ask the Dietitian",
	31 Pizza Dippers Vegetable of the Day Fruit of the Day					arbormgt.com
						Please note: Due to national supply chain dis- ruptions and shortages, we may have to make
Garden Spot						changes to our menus with little or no notice. Please know that we are doing our best to
	Crispy Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Piła Bread	Chicken Caesar Salad w/ Pita Bread	Taco Salad	serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understand- ing! This institution is an equal opportunity
Deli Express	*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich	employer.

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Management Inc. Monday Tuesday Wednesday Thursday Friday	
	aily Entrées
Lunch \$ 3.00     Deluxe Vegetable of the Day Fruit of the Day     Bowl Corn Bread Muffin Vegetable of the Day     Vegetable of the Day Fruit of the Day     Vegetable of the Day     Piz       Milk .60¢     Milk .60¢     Deluxe     Bowl Corn Bread Muffin Day     Deluxe     Bowl Corn Bread Muffin Day     Vegetable of the Day     Day     Fruit of the Day     Piz	Burgers ken Sandwiches zza Selection Nachos
Vegetable of the Day Fruit of the Day     Day Fruit of the Day     Vegetable of the Day Fruit of the Day     Fruit Fruit of the Day	led with Every Meal t and Vegetable choice of Milk
Image: Provide and the second secon	
Brown Rice Pilaf Vegetable of the Day Fruit of the Day Fruit of the Day Fruit of the Day	V= Vegetarian ins or may contain Pork oor A+ Nutrition Mission serve students daily:
	of fresh, nutrient rich foods
We Need Cooks, Managers, Food Servers and Drivers! You will love the work schedule!2425262728Mo nights or weekends! Holidays off! Apply Online at: www.arbormgt.com/careersChicken Parmesan Al dente Pasta Garlic BreadBeef Soft Tacos Brown Rice Vegetable of the Day Fruit of the DayWings of Fire Biscuit Vegetable of the Day Fruit of the Day*Grilled Chicken Bacon Melt Vegetable of the Day Fruit of the DayItalian Meatball Sub Vegetable of the Day Fruit of the DayVon nights or weekends! Holidays off! www.arbormgt.com/careers2425262728Vegetable of the Day Fruit of the DayBeef Soft Tacos Brown Rice Fruit of the Day Fruit of the DayItalian Meatball Sub Vegetable of the Day Fruit of the Day Fruit of the Day* Fresh fruits and seasonally ava * Cage free poul steroidsNo nights or weekends! Holidays off! www.arbormgt.com/careers2425262728Vegetable of the Day Fruit of the DayParmesan Fruit of the Day Fruit of the Day* Fresh fruits and seasonally ava * Fresh whole ar goods* No-fat or 1% m from local, sus*	nd vegetables, locally sourced as ailable ultry with no added hormones or and multigrain bread, buns and baked nilk free from any growth hormones stainable farms
Chicken Fajita Quesadilla	<ul> <li>Arber Management ~</li> <li>bices for a Healthy Lifestyle!</li> <li>For more information or to "Ask the Dietitian",</li> </ul>
Monday Tuesday Wednesday Thursday Friday arborngt.com	check out our website!
tions and short	e to national supply chain disrup- tages, we may have to make r menus with little or no notice.
Deli Express     *Turkey & Bacon Wrap     Italian Sub     Crispy Chicken Wrap     Buffalo Chicken Wrap     Tuna Salad Sandwich     Please know th meals as plann will be communant thank you thank you thank	hat we are doing our best to serve ned. Substitution of menu items unicated. We apologize in advance for understanding! This institu- opportunity employer.

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	4	Wednesday 5	Thursday 6	Friday 7	f O
Signature Cheeseburger Deluxe Vegetable of the Day	Chicken Mashed Potato Bowl Corn Bread Muffin Vegetable of the Day	Half Day	Sweet n' Sour Meatballs w/ Rice Vegetable of the Day Fruit of the Day	Penne Rosa Pasta-V Garlic Bread Vegetable of the Day Fruit of the Day	V= Vegetarian (*) Contains or may contain Pork
L10	11	12	13	14	
No School	Rotini & Meat Sauce Garlic Bread Vegetable of the Day Fruit of the Day	Chicken & Waffles Vegetable of the Day Fruit of the Day	Chili Cheese Fries w/ Soft Pretzel Vegetable of the Day Fruit of the Day	Half Day	Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be
17	18			21	communicated. We apologize in
Brown Rice Pilaf Vegetable of the Day Fruit of the Day	Vegetable of the Day Fruit of the Day	Cheese Garlic Bread Vegetable of the Day Fruit of the Day			advance and thank you for under- standing! This institution is an equal opportunity employer.
					Arbor A+ Nutrition Mission
Parmesan Al dente Pasta Garlic Bread Vegetable of the Day Fruit of the Day	Brown Rice Vegetable of the Day Fruit of the Day	Biscuit	Bacon Melt	Vegetable of the Day	<ul> <li>To serve students daily:</li> <li>✓ A wide variety of fresh, nutrient rich foods Fresh fruits and vegetables, locally sourced seasonally available</li> <li>✓ Cage free poultry with no added hormones steroids</li> <li>✓ Fresh whole and multigrain bread, buns an goods</li> </ul>
Chicken Fajita Quesadilla	·	Ē !	(	1 <b>/</b>	✓ No-fat or 1% milk free from any growth hor
Vegetable of the Day	í <sup>1</sup>	1	1 1	1 7	from local, sustainable farms ✓ Plant based entrée options
	Vegetable of the Day 10 No School 17 Chicken Drumstick Brown Rice Pilaf Vegetable of the Day Fruit of the Day Fruit of the Day 24 Chicken Parmesan Al dente Pasta Garlic Bread Vegetable of the Day Fruit of the Day Fruit of the Day	Vegetable of the DayVegetable of the Day1011No SchoolRotini & Meat Sauce Garlic Bread Vegetable of the Day Fruit of the Day1718Chicken Drumstick Brown Rice Pilaf Vegetable of the Day Fruit of the DayWestern BBQ Burger Vegetable of the Day Fruit of the Day2425Chicken Parmesan Al dente Pasta Garlic Bread Vegetable of the DayBeef Soft Tacos Brown Rice Vegetable of the Day Fruit of the Day31Chicken Fajita Quesadilla Vegetable of the Day	Vegetable of the DayVegetable of the Day101112No SchoolRotini & Meat Sauce Garlic Bread Vegetable of the Day Fruit of the DayChicken & Waffles Vegetable of the Day Fruit of the Day171819171819Chicken Drumstick Brown Rice Pilaf Vegetable of the Day Fruit of the DayWestern BBQ Burger Vegetable of the Day Fruit of the DayCreamy Mac 'N Cheese Garlic Bread Vegetable of the Day Fruit of the Day242526Chicken Parmesan Al dente Pasta Garlic Bread Vegetable of the Day Fruit of the DayBeef Soft Tacos Brown Rice Vegetable of the Day Fruit of the DayWings of Fire Biscuit Vegetable of the Day Fruit of the Day31Chicken Fajita Quesadilla Vegetable of the DayChicken Fajita Quesadilla	Vegetable of the DayVegetable of the DayDay Fruit of the Day10111213No SchoolRotini & Meat Sauce Garlic Bread Vegetable of the Day Fruit of the DayChicken & Waffles Vegetable of the Day Fruit of the DayChill Cheese Fries w/ Soft Pretzel Vegetable of the Day Fruit of the Day17181920Chicken Drumstick Brown Rice Pilaf Vegetable of the Day Fruit of the DayWestern BBQ Burger Vegetable of the Day Fruit of the DayCreamy Mac 'N Cheese Garlic Bread Vegetable of the Day Fruit of the DayNo School24252627Chicken Parmesan Al dente Pasta Garlic Bread Vegetable of the Day Fruit of the DayBeef Soft Tacos Brown Rice Vegetable of the Day Fruit of the DayWings of Fire Biscuit Vegetable of the Day Fruit of the Day"Grilled Chicken Bacon Melt Vegetable of the Day Fruit of the Day24252627252627Chicken Parmesan Al dente Pasta Garlic Bread Vegetable of the Day Fruit of the DayWings of Fire Biscuit Vegetable of the Day Fruit of the Day"Grilled Chicken Bacon Melt Vegetable of the Day Fruit of the Day31Chicken Fajita Quesadilla Vegetable of the DayImage: Day Fruit of the DayImage: Day Fruit of the Day31Chicken Fajita Quesadilla Vegetable of the DayImage: Day Fruit of the DayImage: Day Fruit of the Day31Chicken Fajita Quesadilla Vegetable of the DayImage: Day 	Vegetable of the DayVegetable of the DayTo Fruit of the DayFruit of the Day1011121314No SchoolRotini & Meat Sauce Garlic Bread Vegetable of the Day Fruit of the DayChicken & Waffles Pay Fruit of the DayChili Cheese Fries Wegetable of the Day Fruit of the DayHalf Day1718192021Chicken Drumstick Brown Rice PilafWestern BQ Burger Vegetable of the Day Fruit of the DayCreamy Mac 'N Cheese Garlic Bread Vegetable of the Day Fruit of the DayNo SchoolNo School2425262728Chicken Parmesan A I dente Pasta Garlic Bread Vegetable of the Day Fruit of the DayBeef Soft Tacos Brown Rice Parmesan A I dente Pasta Garlic Bread Vegetable of the Day Fruit of the DayVegetable of the Day Fruit of the Day Fruit of the DayProtected Chicken Biscuit Vegetable of the Day Fruit of the DayProtected Chicken Parmesan A I dente Pasta Garlic Bread Vegetable of the Day Fruit of the DayWings of Fire Biscuit Vegetable of the Day Fruit of the DayProtected Chicken Parmesan Fruit of the DayItalian Meatball Sub Vegetable of the Day Fruit of the Day31Chicken Figita Quesadilla Vegetable of the DayItalian beatball Sub Vegetable of the DayItalian Meatball Sub Vegetable of the Day31Chicken Figita Quesadilla Vegetable of the DayItalian beatball Sub Vegetable of the DayItalian beatball Sub Vegetable of the Day31Chicken Figita Quesadilla<

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For more information or to "Ask the Dietitian", check out our website!