



December Morton Elementary Lunch



Elem Lunch \$ 2.80

Milk .60¢

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Turkey & Cheese Melt Sweet Corn Vegetable of the Day Fruit of the Day	2 Pepperoni Pizza Garlic Roasted Carrots Vegetable of the Day Fruit of the Day
5 Crispy Chicken w/ Biscuit Steamed Carrots Vegetable of the Day Fruit of the Day	6 Chicago Style All Beef Hot Dog Vegetarian Beans Vegetable of the Day Fruit of the Day	7 Half Day Meals Offered	8 Cheesy Pasta Bake-V Garlic Bread Seasoned Green Beans Vegetable of the Day Fruit of the Day	9 Cheesy Beef Nachos Chili Lime Sweet Corn Vegetable of the Day Fruit of the Day
12 Sloppy Joe Sandwich Garlic Roasted Carrots Vegetable of the Day Fruit of the Day	13 French Toast Sticks w/ Sausage Tater Tots Vegetable of the Day Fruit of the Day	14 Pizza Dippers w/ Marinara Sauce Mixed Vegetables Vegetable of the Day Fruit of the Day	15 Chicken Quesadilla Seasoned Black Beans Vegetable of the Day Fruit of the Day	16 Baked Potato w/ Chili Soft Pretzel Steamed Broccoli Vegetable of the Day Fruit of the Day
19 Yang's Orange Chicken w/ Brown Rice Seasoned Green Beans Vegetable of the Day Fruit of the Day	20 Beef Soft Tacos Fiesta Beans Vegetable of the Day Fruit of the Day	21 No School	22 No School	23 No School
26 No School	27 No School	28 No School	29 No School	30 No School

Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding!

This institution is an equal opportunity employer.

*Contains or may contain pork
V= Vegetarian

Included with Every Meal
Fruit and Vegetable
Choice of Milk

Daily Options

Turkey & Cheese Sandwich
Sun Butter and Jelly Sandwich

Monday-Juicy Cheeseburger
Tuesday-Crispy Chicken Nuggets
w/ Goldfish
Wednesday-Mini Corn Dogs
Thursday-Crispy Chicken Sandwich
Friday-Cheese Pizza

Now Hiring For Food Service Positions

Contact Brooke Snell at
309-284-6320

Arbor A+ Nutrition Mission

To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management~

Make Choices for a Healthy Lifestyle!



For more information or to "Ask the Dietitian", check out our website!



December Morton JH School Lunch



Lunch \$ 2.90

Milk .60¢

FEATURES

We are Hiring!

We Need Cooks, Managers, Food Servers and Drivers!

You will love the work schedule!

No nights or weekends! Holidays off!

Apply Online at:

www.arbormgt.com/careers

Scan Me To Apply!



Me To

Garden Spot

Deli Express

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Turkey & Cheese Melt Vegetable of the Day Fruit of the Day	2 Mini Corn Dogs Vegetable of the Day Fruit of the Day
5 Crispy Chicken w/ Biscuit Vegetable of the Day Fruit of the Day	6 Chili Cheese Dog Vegetable of the Day Fruit of the Day	7 Half Day	8 Cheesy Pasta Bake-V w/ Garlic Bread Vegetable of the Day Fruit of the Day	9 Italian Meatball Sub Green Peas Vegetable of the Day Fruit of the Day
12 Sloppy Joe Sandwich Vegetable of the Day Fruit of the Day	13 French Toast Sticks w/ Sausage Vegetable of the Day Fruit of the Day	14 Italian Sausage Pasta Bake Garlic Bread Vegetable of the Day Fruit of the Day	15 Chicken Quesadilla Vegetable of the Day Fruit of the Day	16 Baked Potato w/ Chili Soft Pretzel Vegetable of the Day Fruit of the Day
19 Yang's Orange Chicken Vegetable of the Day Fruit of the Day	20 Beef Soft Tacos Vegetable of the Day Fruit of the Day	21 No Lunch	22 No School	23 No School
26 No School	27 No School	28 No School	29 No School	30 No School
Crispy Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Pita Bread	Chicken Caesar Salad w/ Pita Bread	Taco Salad
*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich

Daily Entrées

Cheeseburgers

Chicken Sandwiches

Pizza Selection

Cheesy Nachos

Included with Every Meal

**Fruit and Vegetable
Choice of Milk**

V= Vegetarian

(*) Contains or may contain Pork

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Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms
- ✓ Plant based entrée options

~Arbor Management~

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For more information or to "Ask the Dietitian", check out our website!

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December Morton High School Lunch



Lunch \$ 3.00

Milk .60¢

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Garden Spot

Deli Express

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Yang's Mandarin Orange Chicken Vegetable of the Day Fruit of the Day	Chicken & Cheese Quesadilla Vegetable of the Day Fruit of the Day
5	6	7	8	9
Chicken Parmesan Al dente Pasta Garlic Bread Vegetable of the Day Fruit of the Day	Beef Soft Tacos Vegetable of the Day Fruit of the Day	Half Day	*Grilled Chicken Bacon Melt Vegetable of the Day Fruit of the Day	Italian Meatball Sub Vegetable of the Day Fruit of the Day
12	13	14	15	16
Chicken Quesadilla Vegetable of the Day Fruit of the Day	Yang's Mandarin Orange Chicken Vegetable of the Day Fruit of the Day	Pasta Bolognese Garlic Bread Vegetable f the Day Fruit of the Day	Sloppy Joe Sandwich Vegetable of the Day Fruit of the Day	Baked Potato w/ Chili & Soft Pretzel Vegetable of the Day Fruit of the Day
19	20	21	22	23
Hot Italian Cheesy Sub Vegetable of the Day Fruit of the Day	Korean Beef Tacos Vegetable of the Day Fruit of the Day	No Lunch	No School	No School
26	27	28	29	30
No School	No School	No School	No School	No School
Monday	Tuesday	Wednesday	Thursday	Friday
Crispy Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Pita Bread	Chicken Caesar Salad w/ Pita Bread	Taco Salad
*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich

Daily Entrées

Burgers
Chicken Sandwiches
Pizza Selection
Nachos

Included with Every Meal
Fruit and Vegetable
Choice of Milk

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Fresh fruits and vegetables, locally sourced as
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- ✓ Cage free poultry with no added hormones or
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- ✓ Fresh whole and multigrain bread, buns and baked
goods
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Lunch \$ 2.80

Milk .60¢

December Morton Academy School Lunch



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Choice of Milk

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			1 Yang's Mandarin Orange Chicken Vegetable of the Day Fruit of the Day	2 Chicken & Cheese Quesadilla Vegetable of the Day Fruit of the Day
5 Chicken Parmesan Al dente Pasta Garlic Bread Vegetable of the Day Fruit of the Day	6 Beef Soft Tacos Vegetable of the Day Fruit of the Day	7 Half Day	8 *Grilled Chicken Bacon Melt Vegetable of the Day Fruit of the Day	9 Italian Meatball Sub Vegetable of the Day Fruit of the Day
12 Chicken Quesadilla Vegetable of the Day Fruit of the Day	13 Yang's Mandarin Orange Chicken Vegetable of the Day Fruit of the Day	14 Pasta Bolognese Garlic Bread Vegetable of the Day Fruit of the Day	15 Sloppy Joe Sandwich Vegetable of the Day Fruit of the Day	16 Baked Potato w/ Chili & Soft Pretzel Vegetable of the Day Fruit of the Day
19 Hot Italian Cheesy Sub Vegetable of the Day Fruit of the Day	20 Korean Beef Tacos Vegetable of the Day Fruit of the Day	21 No Lunch	22 No School	23 No School
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