arbor	December	r Morton Elen	ontary Lung	h f O	Elem Lunch \$ 2.80
Managementative					Milk .60¢
Monday	Tuesday	Wednesday	Thursday	Friday	
5	6	7	Turkey & Cheese Melt Sweet Corn Vegetable of the Day Fruit of the Day	Pepperoni Pizza Garlic Roasted Carrots	Daily Options Turkey & Cheese Sandwich Sun Butter and Jelly Sandwich
Crispy Chicken w/ Biscuit Steamed Carrots Vegetable of the Day Fruit of the Day	Chicago Style All Beef Hot Dog Vegetarian Beans Vegetable of the Day Fruit of the Day	Half Day Meals Offered	Cheesy Pasta Bake-V Garlic Bread Seasoned Green Bean Vegetable of the Day Fruit of the Day	Chili Lime Sweet Corn s Vegetable of the Day	Monday-Juicy Cheeseburger Tuesday-Crispy Chicken Nuggets w/ Goldfish Wednesday-Mini Corn Dogs Thursday-Crispy Chicken Sandwich Friday-Cheese Pizza
12	13	14	15	16	r nuay-cneese Fizza
Sloppy Joe Sandwich Garlic Roasted Carrots Vegetable of the Day Fruit of the Day	French Toast Sticks w/ Sausage Tater Tots Vegetable of the Day Fruit of the Day	Pizza Dippers w/ Marinara Sauce Mixed Vegetables Vegetable of the Day Fruit of the Day	Chicken Quesadilla Seasoned Black Beans Vegetable of the Day Fruit of the Day		Now Hiring For Food Service Positions
19	20	21	22	23	Contact Brooke
Yang's Orange Chicken w/ Brown Rice Seasoned Green Beans Vegetable of the Day Fruit of the Day	Beef Soft Tacos Fiesta Beans Vegetable of the Day Fruit of the Day	No School	No School	No School	Snell at 309-284-6320 Arbor A+ Nutrition Mission
26	27	28	29	30	To serve students daily:
No School	No School	No School	No School	No School	 A wide variety of fresh, nutrient rich foods Fresh fruits and vegetables, locally sourced as seasonally available Cage free poultry with no added hormones or steroids Fresh whole and multigrain bread, buns and baked goods No-fat or 1% milk free from any growth
Please note: Due to national sup us with little or no notice. Plea menu items will be con	hormones from local, sustainable farms ~Arber Management ~ Make Choices for a Healthy Lifestyle!				
This institution is an equal opportunity employer. *Contains or may contain pork V= Vegetarian				Fruit and Vegetable Choice of Milk	by the provided state of the provided state

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arbor

Lunch \$ 2.90

Milk .60¢

Monday

Tuesday

December Morton JH School Lunch

Wednesday

Thursday

Turkey & Cheese Melt

Vegetable of the Day

Fruit of the Day

Friday

Mini Corn Dogs

Vegetable of the Day

Fruit of the Day

	Daily Entrées
	Cheeseburgers
	Chicken Sandwiches Pizza Selection
	Cheesy Nachos
	Included with Every Meal
100	
	Fruit and Vegetable Choice of Milk

(*) Contains or may contain Pork

- Fresh fruits and vegetables, locally sourced as Cage free poultry with no added hormones or ✓ Fresh whole and multigrain bread, buns and
- ✓ No-fat or 1% milk free from any growth hor-

Make Choices for a Healthy Lifestyle!

information or to "Ask the Dietitian", check out our website!

Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in



December Morton High School Lunch

C ordoors	ASS > ASS -		1201			
Management Inc.	Monday	Tuesday	Wednesday	Thursday	Friday	Daily Entrées
Lunch \$ 3.00 Milk .60¢				1 Yang's Mandarin Orange Chicken Vegetable of the Day Fruit of the Day	2 Chicken & Cheese Quesadilla Vegetable of the Day Fruit of the Day	Burgers Chicken Sandwiches Pizza Selection Nachos
	5	6	7	8	9	
FEATURES	Chicken Parmesan Al dente Pasta Garlic Bread Vegetable of the Day Fruit of the Day	Beef Soft Tacos Vegetable of the Day Fruit of the Day	Half Day	*Grilled Chicken Bacon Melt Vegetable of the Day Fruit of the Day	Italian Meatball Sub Vegetable of the Day Fruit of the Day	Included with Every Meal Fruit and Vegetable Choice of Milk V= Vegetarian
ILMIULLO	12	13	14	15	16	(*) Contains or may contain Pork
We are Hiring! e Need Cooks, Managers,	Chicken Quesadilla Vegetable of the Day Fruit of the Day	Yang's Mandarin Orange Chicken Vegetable of the Day Fruit of the Day	Pasta Bolognese Garlic Bread Vegetable f the Day Fruit of the Day	Sloppy Joe Sandwich Vegetable of the Day Fruit of the Day	Baked Potato w/ Chili & Soft Pretzel Vegetable of the Day Fruit of the Day	Arbor A+ Nutrition Mission To serve students daily: A wide variety of fresh, nutrient rich foods Fresh fruits and vegetables, locally sourced as
ood Servers and Drivers!	19	20	21	22	23	seasonally available
You will love the work schedule! lo nights or weekends! Holidays off! Apply Online at: w.arbormgt.com/careers Scan Me To Apply!		Korean Beef Tacos Vegetable of the Day Fruit of the Day	No Lunch	No School	No School	 Cage free poultry with no added hormones or steroids Fresh whole and multigrain bread, buns and bake goods No-fat or 1% milk free from any growth hormones from local, sustainable farms Plant based entrée options
	26	27	28	29	30	~Arbor Management
	No School	No School	No School	No School	No School	Make Choices for a Healthy Lifestyle!
	Monday	Tuesday	Wednesday	Thursday	Friday	arborngt.com
	8					
Garden Spot	Crispy Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Piła Bread	Chicken Caesar Salad w/ Pita Bread	Taco Salad	Please note: Due to national supply chain disrup- tions and shortages, we may have to make changes to our menus with little or no notice.
Dell Express	*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich	Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding! This institu-
	ALCON			the last		tion is an equal opportunity employer.

Lunch \$ 2.80

December Morton Academy School Lunch



Milb .60¢

Included with Every Meal Fruit and Vegetable of the Choice of Milk Vegetable of the Day Fruit of the Day Vegetable of the Day Fruit of the Day Vegetable of the Day Fruit of the Day Please note: Due to nation chain disruptions and so vegetable of the Day Fruit of the Day S 6 7 8 9 Italian Meetable of the Day Fruit of the Day 1 1 1 1 Chicken Qegetable of the Day Fruit of the Day 1 15 16 Chicken Qegetable of the Day Fruit of the Day 1 15 16 Chicken Qegetable of the Day Fruit of the Day 1 15 16 Chicken Qegetable of the Day Fruit of the Day 1 15 16 Chicken Quescallin Vegetable of the Day Fruit of the Day 1 15 16 Chicken Quescallin Vegetable of the Day Fruit of the Day 1 15 16 Chicken Quescallin Vegetable of the Day Fruit of the Day 1 15 16 Chicken Quescallin Vegetable of the Day 2 2 23 24 Vegetable of the Day Fruit of the Day Fruit of the Day Fruit of the Day No School No School No School We Need Cooks, Managers, Food Servers and Driverst You will hove the work schedule!	MIIR .004	MS					f a
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Included with Every Meal Fruit and Vegetable Choice of Milk Guesadlia Vegetable of the Day Fruit of the Day Guesadlia Vegetable of the Day Fruit of the Day (*) Contains or may continue vegetable of the Day Fruit of the Day Image: State St					1 Yana's Mandarin	2 Chicken & Cheese	V= Vegetarian
Chicken Parmeson Al dene Pata Gorlic Bread Vegetable of the Day Fruit of the Day Beef Soft Tacos Vegetable of the Day Fruit of the Day Half Day *Grilled Chicken Bacon Melt Vegetable of the Day Fruit of the Day chain disruptions and s we may have to make or our menus with little or Please Anow that we are best to serve meals as Substitution of menu its communicated. We ago device the Day Fruit of the Day thalf Day *Grilled Chicken Bacon Melt Vegetable of the Day Fruit of the Day chain disruptions and s we may have to make or our menus with little or Please Anow that we are best to serve meals as Substitution of menu its communicated. We ago Vegetable of the Day Fruit of the Day Italian Meatball Sub Vegetable of the Day chain disruptions and s we may have to make or our menus with little or Please Anow that we are best to serve meals as Substitution of menu its communicated. We ago Vegetable of the Day Fruit of the Day thalf Day *Grille Allocation Vegetable of the Day Fruit of the Day thalf Day *Grille Allocation Vegetable of the Day Fruit of the Day that we are please and thank you standing! We Need Cooks, Managers, Food Servers and Drivers! You will love the work schedulle No nights or weekends! Holidays off! Apply Online at: www.arborm(com/careers Scan Me To Apply! 12 20 21 22 23 Arbor A+ Nutrit To serve studen Vegetable of the Day Fruit of the Day Vegetable of the Day Fruit of the Day No Lunch No School No School No School No School No School Vegetable of the Day Fruit of the Day </td <td>Fruit and Vegetable</td> <td></td> <td></td> <td></td> <td>Orange Chicken Vegetable of the Day</td> <td>Quesadilla Vegetable of the Day</td> <td>(*) Contains or may contain Pork</td>	Fruit and Vegetable				Orange Chicken Vegetable of the Day	Quesadilla Vegetable of the Day	(*) Contains or may contain Pork
Parmeson Al denic Pasta Gariic Bread Uegetable of the Day Fruit of the Day Vegetable of the Day Fruit of the Day Vegetable of the		5	6	7	8	9	Please note: Due to national supply
1213141516Chicken Quesadilla Vegetable of the Day Fruit of the DayYang's Mandarin Orange Chicken Vegetable of the Day Fruit of the DayYang's Mandarin Orange Chicken Vegetable of the Day Fruit of the DaySloppy Joe Sandwich Vegetable of the Day Fruit of the DayBaked Plotato w/ Chili & Soft Pretzel Vegetable of the Day Fruit of the DayBaked Plotato w/ Chili & Soft Pretzel Vegetable of the Day Fruit of the DayBaked Plotato w/ Chili & Soft Pretzel Vegetable of the Day Fruit of the DayBaked Plotato w/ Chili & Soft Pretzel Vegetable of the Day Fruit of the DayBaked Plotato w/ Chili & Soft Pretzel Vegetable of the Day Fruit of the DayBaked Plotato w/ Chili & Soft Pretzel Vegetable of the Day Fruit of the DayBaked Plotato w/ Chili & Soft Pretzel Vegetable of the Day Fruit of the DayBaked Plotato w/ Chili & Soft Pretzel Vegetable of the Day Fruit of the DayBaked Plotato w/ Chili & Soft Pretzel Vegetable of the Day Fruit of the DayBaked Plotato w/ Chili & Soft Pretzel Vegetable of the Day Fruit of the DayBaked Plotato Wegetable of the Day Fruit of the Day Fruit of the Day Fruit of the Day Fruit of the DayBaked Plotato Soft Pretzel Vegetable of the Day Fruit of the Day Fruit of the DayBaked Plotato Soft Pretzel Vegetable of the Day Fruit of the Day Fruit of the Day Fruit of the Day Fruit of the DayPlotato Plotato Soft PretzelArbor A+ Nutriti To serve studen Prespectables, secondly available Socandle Cage free poulty with no add steroidsArbor A+ Nutriti To serve	FEATURES	Parmesan Al dente Pasta Garlic Bread Vegetable of the Day Fruit of the Day	Vegetable of the Day		Bacon Melt Vegetable of the Day Fruit of the Day	Vegetable of the Day Fruit of the Day	chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in
Vegetable of the Day Fruit of the DayOrange Chicken Vegetable of the Day Fruit of the DayGarlic Bread Vegetable of the Day Fruit of the Dayw/ Chili & Soft Pretzel Vegetable of the Day Fruit of the Dayw/ Chili & Soft Pretzel Vegetable of the Day Fruit of the Dayw/ Chili & Soft Pretzel Vegetable of the Day Fruit of the DayWe are Hiring! We Need Cooks, Managers, Food Servers and Drivers! You will love the work schedule! No nights or weekends! Holidays off! Apply Online at: www.arbormgt.com/careers Scan Me To Apply!192021222326272829302627282930No SchoolNo School							advance and thank you for under-
We are Hiring! In Lo Lo To serve studen We Need Cooks, Managers, Food Servers and Drivers! You will love the work schedule! No nights or weekends! Holidays off! Apply Online at: www.arbormgt.com/careers Scan Me To Apply! Hot Italian Cheesy Sub Vegetable of the Day Fruit of the Day Korean Beef Tacos Vegetable of the Day Fruit of the Day No Lunch No School No School ✓ A wide variety of fresh, nutrie Fresh fruits and vegetables, seasonally available 26 27 28 29 30 ✓ Fresh whole and multigrain be goods No School No School No School No School ✓ No fat or 1% milk free from a		Vegetable of the Day	Orange Chicken Vegetable of the Day	Garlic Bread Vegetable of the Day	Sandwich Vegetable of the Day	w/ Chili & Soft Pretzel Vegetable of the Day	This institution is an equal opportunity
We are Hiring! In Lo Lo To serve studen We Need Cooks, Managers, Food Servers and Drivers! You will love the work schedule! No nights or weekends! Holidays off! Apply Online at: www.arbormgt.com/careers Scan Me To Apply! Hot Italian Cheesy Sub Vegetable of the Day Fruit of the Day Korean Beef Tacos Vegetable of the Day Fruit of the Day No Lunch No School No School ✓ A wide variety of fresh, nutrie Fresh fruits and vegetables, seasonally available 26 27 28 29 30 ✓ Fresh whole and multigrain be goods No School No School No School No School ✓ No fat or 1% milk free from a							
We Need Cooks, Managers, Food Servers and Drivers! You will love the work schedule! No nights or weekends! Holidays off! Apply Online at: www.arbormgt.com/careers Scan Me To Apply!Hot Italian Cheesy Sub Vegetable of the Day Fruit of the DayNo LunchNo SchoolNo SchoolI of serve student Fresh, nutrie Fresh, nutrie Fresh fruits and vegetables, seasonally availableVegetable of the Day Bruit of the DayFruit of the Day Fruit of the DayNo LunchNo SchoolNo School </td <td>We are Hiring!</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>Arbor A+ Nutrition Mission</td>	We are Hiring!	19	20	21	22	23	Arbor A+ Nutrition Mission
www.arbormgt.com/careers Scan Me To Apply! 26 27 28 29 30 goods No School No School	We Need Cooks, Managers, Food Servers and Drivers! You will love the work schedule! No nights or weekends! Holidays off! Apply Online at:	Sub Vegetable of the Day Fruit of the Day	Vegetable of the Day Fruit of the Day				 ✓ Cage free poultry with no added hormones o steroids ✓ Fresh whole and multigrain bread, buns and
	www.arbormgt.com/careers					· · ·	
Plant based entrée options ·································	Scan Me To Apply!	No School	No School	No School	No School	No School	 ✓ No-fat or 1% milk free from any growth horm from local, sustainable farms ✓ Plant based entrée options ✓ Arber Manager Make Choices for a Healthy Lifestyle!

our menus with little or no notice. Please know that we are doing our est to serve meals as planned. Substitution of menu items will be ommunicated. We apologize in dvance and thank you for undertanding! This institution is an equal opportunity

Arbor A+ Nutrition Mission To serve students daily:

- Cage free poultry with no added hormones or steroids
- Fresh whole and multigrain bread, buns and baked goods
- No-fat or 1% milk free from any growth hormones from local, sustainable farms
- Plant based entrée options

~Arbor Management~

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