	BALLANDA AS AS						
	arbor	Elem Lunch \$ 2.80					
	Monday	Tuesday	Wednesday	Thursday		Friday	Milk .60¢
	No School	3 No School	4 No School	o No Schoo	ol	o No School	Daily Options Turkey & Cheese Sandwich Sun Butter and Jelly Sandwich
	9 Half Day	10 Homemade Cheese Quesadilla-V	11 Creamy Chicken Alfredo	12 Chicken Corr Mixed Veget	n Dog	13 Pepperoni Pizza Garlic Roasted Carrots	Monday-Juicy Cheeseburger Tuesday-Crispy Chicken Nuggets
		Fiesta Beans Vegetable of the Day Fruit of the Day	Garlic Bread Seasoned Green Beans Vegetable of the Day Fruit of the Day	Vegetable of the Day Fruit of the Day		Vegetable of the Day Fruit of the Day	w/ Goldfish Wednesday-Mini Corn Dogs Thursday-Crispy Chicken Sandwich Friday-Cheese Pizza
	16	17	18			20	
	No School	Chicago Style All Beef Hot Dog Vegetarian Beans Vegetable of the Day Fruit of the Day	Grilled BBQ Chicken Sandwich Spiral Fries Vegetable of the Day Fruit of the Day	Cheesy Pasta I Garlic Bree Seasoned Gree Vegetable of th Fruit of the I	ad en Beans he Day	Cheesy Beef Nachos Chili Lime Sweet Corn Zesty Salsa Fruit of the Day	Now Hiring For Food Service Positions Contact Brooke
-	23	24	25	26		27	Snell at
	*BBQ Pork Rib Sandwich Garlic Roasted Carrots Vegetable of the Day Fruit of the Day	French Toast Sticks w/ Sausage Tater Tots Vegetable of the Day Fruit of the Day	Pizza Dippers-V w/ Marinara Sauce Mixed Vegetables Vegetable of the Day Fruit of the Day	Chicken Ques Seasoned Blac Vegetable of the Fruit of the I	k Beans he Day	Baked Potato w/ Chili Soft Pretzel Steamed Broccoli Vegetable of the Day Fruit of the Day	309-284-6320 Arbor A+ Nutrition Mission To serve students daily:
-	30	31					
	Yang's Orange Chicken w/ Brown Rice Seasoned Green Beans Vegetable of the Day Fruit of the Day	Beef Soft Tacos Fiesta Beans Vegetable of the Day Fruit of the Day					 ✓ A wide variety of fresh, nutrient rich foods ✓ Fresh fruits and vegetables, locally sourced as seasonally available ✓ Cage free poultry with no added hormones or steroids ✓ Fresh whole and multigrain bread, buns and baked goods ✓ No-fat or 1% milk free from any growth
				2		hormones from local, sustainable farms	
	us with little or no notice. Plea	ase know that we are doing our to nmunicated. We apologize in adv This institution is an equal oppor *Contains or may cont		ubstitution of		uded with Every Meal ruit and Vegetable Choice of Milk	Arber Management ~ Make Choices for a Healthy Lifestyle! State of the second
		V= Vegetarian	-				Contraction of the second of t

antborr (anuary Mo	orton JH So	chool <mark>Lunc</mark>	h	Daily Entrées Cheeseburgers
	Monday	Tuesday	Wednesday	Thursday	Friday	Chicken Sandwiches
0 f	2	3	4	5	6	Pizza Selection
Lunch \$ 2.90 Milk .60¢	No School	No School	No School	No School	No School	Cheesy Nachos
	9 Half Day	10 Homemade Cheese Quesadilla-V Vegetable of the Day Fruit of the Day	11 Creamy Chicken Alfredo Garlic Bread Vegetable of the Day Fruit of the Day	12 Yang's Orange Chicken w/ Brown Rice Vegetable of the Day Fruit of the Day	13 Mini Corn Dogs Vegetable of the Day Fruit of the Day	Choice of Milk V= Vegetarian (*) Contains or may contain Pork
FEATURES	16 No School	17 Chili Cheese Dog Vegetable of the Day Fruit of the Day	18 *Grilled Chicken Ba- con Melt Vegetable of the Day Fruit of the Day	19 Cheesy Pasta Bake-V w/ Garlic Bread Vegetable of the Day Fruit of the Day	20 Italian Meatball Sub Vegetable of the Day Fruit of the Day	Arbor A+ Nutrition Mission To serve students daily: ✓ A wide variety of fresh, nutrient rich foods Fresh fruits and vegetables, locally sourced as seasonally available ✓ Cage free poultry with no added hormones or steroids
We are Hiring!	23	24	25	26	27	\checkmark Fresh whole and multigrain bread, buns and
We Need Cooks, Manag- ers, Food Servers and Drivers! You will love the work schedule! No nights or weekends! Holidays off!	*Honey BBQ Pork Rib Sandwich Vegetable of the Day Fruit of the Day	French Toast Sticks w/ Sausage Vegetable of the Day Fruit of the Day	Italian Sausage Pasta Bake Garlic Bread Vegetable of the Day Fruit of the Day	Chicken Fajita Quesadilla Vegetable of the Day Fruit of the Day	Baked Potato w/ Chili Soft Pretzel Vegetable of the Day Fruit of the Day	baked goods ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms ✓ Plant based entrée options <i>~Arber Mlanagement~</i> Make Choices for a Healthy Lifestyle!
Apply Online at:	30	31				
www.arbormgt.com/ careers Scan Apply!	Yang's Orange Chicken Brown Rice Vegetable of the Day	Beef Soft Tacos Fiesta Beans Vegetable of the Day Fruit of the Day				For more information or to "Ask the Dietitian", check out our website!
	Fruit of the Day					
Garden Spot	Crispy Chicken Salad w/ Dinner Roll *Turkey & Bacon	Southwest Chicken Salad w/ Dinner Roll Italian Sub	Chef Salad w/ Piła Bread Crispy Chicken Wrap	Chicken Caesar Salad w/ Pita Bread Buffalo Chicken Wrap	Taco Salad Tuna Salad	Please note: Due to national supply chain dis- ruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understand-
Delí Express	Wrap			· · · · · · · · · · · · · · · · · · ·	Sandwich	<i>ing!</i> This institution is an equal opportunity employer.

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Altool Management Inc.	Monday	Tuesday	Wednesday	Thursday	Friday	Daily Entrées
Lunch \$ 3.00	2 No School	3 No School	4 No School	5 No School	6 No School	Burgers Chicken Sandwiches Pizza Selection Nachos
Milk .60¢		10	11	10	10	
	9 Half Day	10 Western BBQ Burger Vegetable of the Day Fruit of the Day	Creamy Chicken Alfredo Garlic Bread Vegetable of the Day Fruit of the Day	12 Yang's Mandarin Orange Chicken Brown Rice Vegetable of the Day Fruit of the Day	13 Chicken & Cheese Quesadilla Vegetable of the Day Fruit of the Day	Included with Every Meal Fruit and Vegetable Choice of Milk
🖌 (FEATURES) 🚦	16	17	18	19	20	V= Vegetarian
	No School	Beef Soft Tacos Brown Rice Vegetable of the Day Fruit of the Day	Wings of Fire Biscuit Vegetable of the Day Fruit of the Day	*Grilled Chicken Bacon Melt Vegetable of the Day Fruit of the Day	Italian Meatball Sub Vegetable of the Day Fruit of the Day	(*) Contains or may contain Pork <u>Arbor A+ Nutrition Mission</u> To serve students daily:
We are Hiring! We Need Cooks, Managers,						 A wide variety of fresh, nutrient rich foods Fresh fruits and vegetables, locally sourced as
	23	24	25	26	27	seasonally available
You will love the work schedule!	Chicken Fajita Quesadilla Vegetable of the Day Fruit of the Day	Yang's Mandarin Orange Chicken Brown Rice Vegetable of the Day Fruit of the Day	Pasta Bolognese Garlic Bread Vegetable of the Day	*Honey BBQ Pork Rib Sandwich Vegetable of the Day Fruit of the Day	Baked Potato w/ Chili & Soft Pretzel Vegetable of the Day Fruit of the Day	 ✓ Cage free poultry with no added hormones or steroids ✓ Fresh whole and multigrain bread, buns and baked goods ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms ✓ Plant based entrée options
■読器■	30	31				~Arbor Management~
	Hot Italian Cheesy Sub Vegetable of the Day Fruit of the Day Monday	Korean Beef Tacos Honey Ginger Vegetable of the Day Fruit of the Day Tuesday	Wednesday	Thursday	Friday	Make Choices for a Healthy Lifestyle! Image: state of the
Garden Spot						
	Crispy Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Pita Bread	Chicken Caesar Salad w/ Pita Bread	Taco Salad	Please note: Due to national supply chain disrup- tions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve
Deli Express	*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich	meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding! This institu- tion is an equal opportunity employer.

Lunch \$ 2.80

January Morton Academy School Lunch



Milk .60¢						
	Monday	Tuesday	Wednesday	Thursday	Friday	
	2 No School	3 No School	4 No School	5 No School	6 No School	V= Vegetarian (*) Contains or may contain Pork
Included with Every Meal Fruit and Vegetable Choice of Milk						Please note: Due to national supp
FEATURES	9 Half Day	10 Western BBQ Burger Vegetable of the Day Fruit of the Day	11 Creamy Chicken Alfredo Garlic Bread Vegetable of the Day Fruit of the Day	12 Yang's Mandarin Orange Chicken Brown Rice Vegetable of the Day Fruit of the Day	13 Chicken & Cheese Quesadilla Vegetable of the Day Fruit of the Day	chain disruptions and shortages we may have to make changes our menus with little or no notic Please know that we are doing best to serve meals as planned. Substitution of menu items will communicated. We apologize in
	No School	17 Beef Soft Tacos Brown Rice Vegetable of the Day Fruit of the Day	18 Wings of Fire Biscuit Vegetable of the Day Fruit of the Day	19 *Grilled Chicken Bacon Melt Vegetable of the Day Fruit of the Day	20 Italian Meatball Sub Vegetable of the Day Fruit of the Day	advance and thank you for unde standing! This institution is an equal opportun employer.
We are Hiring! We Need Cooks, Managers, Food Servers and Drivers! You will love the work schedule! No nights or weekends! Holidays off! Apply Online at:	23 Chicken Fajita Quesadilla Vegetable of the Day Fruit of the Day	24 Yang's Mandarin Orange Chicken Brown Rice Vegetable of the Day Fruit of the Day		26 *Honey BBQ Pork Rib Sandwich Vegetable of the Day Fruit of the Day	27 Baked Potato w/ Chili & Soft Pretzel Vegetable of the Day Fruit of the Day	 ✓ Cage free poultry with no added hormon steroids ✓ Fresh whole and multigrain bread, bunst
www.arbormgt.com/careers Scan Me To Apply!	30 Hot Italian Cheesy Sub Vegetable of the Day Fruit of the Day	31 Korean Beef Tacos Honey Ginger Vegetable of the Day Fruit of the Day				goods ✓ No-fat or 1% milk free from any growth from local, sustainable farms ✓ Plant based entrée options ~Arber Max Make Choices for a Healthy Lifes: [

note: Due to national supply disruptions and shortages, ay have to make changes to nenus with little or no notice. e know that we are doing our to serve meals as planned. titution of menu items will be nunicated. We apologize in nce and thank you for underding!

institution is an equal opportunity employer.

Arbor A+ Nutrition Mission To serve students daily:

- de variety of fresh, nutrient rich foods n fruits and vegetables, locally sourced as onally available
- free poultry with no added hormones or ds
- whole and multigrain bread, buns and baked
- at or 1% milk free from any growth hormones local, sustainable farms
- based entrée options

~Arber Management~

lake Choices for a Healthy Lifestyle!



