



# March Morton Elementary Lunch



Elem Lunch \$ 2.80

Milk \$ 0.60

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		1/2 Day Meals	Pasta w/ Meat Sauce Garlic Bread Seasoned Green Beans Vegetable of the Day Fruit of the Day	Mini Corn Dogs Chili Lime Sweet Corn Vegetable of the Day Fruit of the Day
6	7	8	9	10
*BBQ Pork Rib Sandwich Garlic Roasted Carrots Vegetable of the Day Fruit of the Day	French Toast Sticks w/ Turkey Sausage Tater Tots Vegetable of the Day Fruit of the Day	Pizza Dippers-V w/ Marinara Sauce Mixed Vegetables Vegetable of the Day Fruit of the Day	Chicken Quesadilla Seasoned Black Beans Vegetable of the Day Fruit of the Day	1/2 Day Meals
13	14	15	16	17
Yang's Orange Chicken w/ Brown Rice Seasoned Green Beans Vegetable of the Day Fruit of the Day	Beef Soft Tacos Fiesta Beans Zesty Salsa Fruit of the Day	Homemade Mac & Cheese-V Soft Pretzel Rod Vegetable of the Day Grape Tomatoes	Sloppy Joe Sandwich Smiley Fries Vegetable of the Day Fruit of the Day	Chicken Nachos Sweet Corn Vegetable of the Day Fruit of the Day
20	21	22	23	24
Chicago Style All Beef Hot Dog Baked Beans Vegetable of the Day Fruit of the Day	"Say Cheese" Toasted Sandwich-V Tomato Soup Vegetable of the Day Fruit of the Day	Chicken Mashed Potato Bowl w/ Gravy Dinner Roll Vegetable of the Day Fruit of the Day	Homemade Pizza Bagels-V Steamed Broccoli Vegetable of the Day Fruit of the Day	Maple Pancake Sausage Bites Glazed Carrots Vegetable of the Day Fruit of the Day
27	28	29	30	31
Pizza Dippers-V w/ Marinara Sauce Mixed Vegetables Vegetable of the Day Fruit of the Day	Cheese Pasta Bake-V w/ Garlic Bread Green Peas Vegetable of the Day Fruit of the Day	Chicken & Waffle Honey Chipotle Sweet Potatoes Vegetable of the Day Fruit of the Day	Western Cheeseburger Baked Fries Vegetable of the Day Fruit of the Day	Walking Taco Nachos Seasoned Black Beans Zesty Salsa Fruit of the Day

## Daily Options

Turkey & Cheese Sandwich  
Crispy Chicken Salad

Monday-Juicy Cheeseburger  
Tuesday-Crispy Chicken Nuggets  
w/ Goldfish  
Wednesday-Cheesy Beef Nachos  
Thursday-Crispy Chicken Sandwich  
Friday- Pizza Varieties

## Now Hiring For Food Service Positions

Contact Brooke  
Snell at  
309-284-6320

## Arbor A+ Nutrition Mission To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management~

Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding!

This institution is an equal opportunity employer.

\*Contains or may contain pork

V= Vegetarian

## Included with Every Meal

Fruit and Vegetable  
Choice of Milk



For more  
information or to  
"Ask the Dietitian",  
check out our website!

Make Choices for a Healthy Lifestyle!



# March Morton JH School Lunch



**Lunch \$ 2.90**

**Milk \$ 0.60**

**FEATURES**

## We are Hiring!

We Need Cooks, Managers, Food Servers and Drivers!

You will love the work schedule!  
No nights or weekends!  
Holidays off!

Apply Online at:  
[www.arbormgt.com/careers](http://www.arbormgt.com/careers)

Scan Me To Apply!



Garden Spot

Deli Express

Monday	Tuesday	Wednesday	Thursday	Friday
		1 1/2 Day	2 Pasta w/ Italian Meat Sauce w/Garlic Bread Seasoned Green Beans Vegetable of the Day Fruit of the Day	3 Italian Meatball Sub Green Peas Leafy Green Salad Fruit of the Day
6 *Honey BBQ Pork Rib Sandwich Garlic Roasted Carrots Vegetable of the Day Fruit of the Day	7 French Toast Sticks w/Sausage Tater Tots Vegetable of the Day Fruit of the Day	8 Italian Sausage Pasta Bake Garlic Bread Mixed Vegetables Vegetable of the Day	9 Fajita Chicken Quesadilla Seasoned Black Beans Vegetable of the Day	10 1/2 Day
13 Yang's Orange Chicken Brown Rice Seasoned Green Beans Vegetable of the Day Fruit of the Day	14 Beef Soft Tacos Fiesta Beans Vegetable of the Day Fruit of the Day	15 Homemade Mac & Cheese-V Soft Pretzel Rod Steamed Broccoli Vegetable of the Day Fruit of the Day	16 Chipotle Chicken Nachos Sweet Corn Vegetable of the Day Fruit of the Day	17 Grilled BBQ Chicken Sandwich Smiley Fries Vegetable of the Day Fruit of the Day
20 Chicago Style All Beef Hot Dog Vegetable of the Day Fruit of the Day	21 "Say Cheese" Toasted Sandwich-V Tomato Soup Vegetable of the Day Fruit of the Day	22 Chicken Mashed Potato Bowl Dinner Roll Mashed Potatoes Vegetable of the Day Fruit of the Day	23 Mini Corn Dogs Steamed Broccoli Vegetable of the Day Fruit of the Day	24 *Honey BBQ Pork Rib Sandwich Baked Fries Vegetable of the Day Fruit of the Day
27 Chicken Fajita Burrito Chili Lime Sweet Corn Vegetable of the Day Fruit of the Day	28 Rotini & Meat Sauce w/ Garlic Bread Green Peas Vegetable of the Day Fruit of the Day	29 Chicken & Belgian Waffle Honey Chipotle Sweet Potatoes Vegetable of the Day Fruit of the Day	30 Western Cheeseburger Baked Fries Vegetable of the Day Fruit of the Day	31 Walking Taco Nachos Seasoned Black Beans Vegetable of the Day Fruit of the Day
Monday	Tuesday	Wednesday	Thursday	Friday
Crispy Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Pita Bread	Chicken Caesar Salad w/ Pita Bread	Taco Salad
*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich

## Daily Entrées

**Cheeseburgers**  
**Chicken Sandwiches**  
**Pizza Selection**  
**Cheesy Nachos**

Included with Every Meal  
**Fruit and Vegetable**  
**Choice of Milk**

**V= Vegetarian**

(\*) Contains or may contain Pork

## Arbor A+ Nutrition Mission

To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods  
Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms
- ✓ Plant based entrée options

*-Arbor Management-*

**Make Choices for a Healthy Lifestyle!**



For more information or to "Ask the Dietitian", check out our website!

Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding! This institution is an equal opportunity employer.





# March Morton High School Lunch



**Lunch \$ 3.00**

**Milk \$ 0.60**

**FEATURES**

## We are Hiring!

**We Need Cooks, Managers,  
Food Servers and Drivers!**

**You will love the work  
schedule!**

**No nights or weekends!  
Holidays off!**

**Apply Online at:  
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Scan Me To Apply!**



**Garden Spot**

**Deli Express**

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		1/2 Day	*Grilled Chicken Bacon Melt Spiral Fries Vegetable of the Day Fruit of the Day	Italian Meatball Sub Seasoned Green Beans Vegetable of the Day Fruit of the Day
6	7	8	9	10
Chicken Fajita Quesadilla Chili Lime Sweet Corn Vegetable of the Day Fruit of the Day	Yang's Mandarin Orange Chicken Brown Rice Vegetable of the Day Fruit of the Day	Pasta Bolognese Garlic Bread Green Peas Vegetable of the Day Fruit of the Day	*Honey BBQ Pork Rib Sandwich Baked Fries Vegetable of the Day Fruit of the Day	1/2 Day
13	14	15	16	17
Hot Italian Cheesy Sub Seasoned Green Beans Vegetable of the Day Fruit of the Day	Korean Beef Tacos Honey Ginger Carrots Vegetable of the Day Fruit of the Day	Homemade Buffalo Mac & Cheese Pretzel Rod Vegetable of the Day Fruit of the Day	Chipotle Chicken Burrito Bowl w/ Brown Rice Vegetable of the Day Fruit of the Day	Grilled BBQ Chicken Sandwich Smiley Fries Vegetable of the Day Fruit of the Day
20	21	22	23	24
Signature Cheeseburger Deluxe Seasoned Fries Vegetable of the Day Fruit of the Day	Popcorn Chicken Mashed Potato Bowl Corn Bread Muffin Vegetable of the Day Fruit of the Day	Chicken Drumstick Biscuit Garlic Parmesan Roasted Potatoes Vegetable of the Day Fruit of the Day	Jumbo Corn Dog Steamed Broccoli Vegetable of the Day Fruit of the Day	Penne Rosa Pasta-V Garlic Bread Glazed Carrots Vegetable of the Day Fruit of the Day
27	28	29	30	31
Chicken Fajita Burrito Spanish Rice Chili Lime Sweet Corn Vegetable of the Day Fruit of the Day	Rotini & Meatballs Garlic Bread Steamed Broccoli Vegetable of the Day Fruit of the Day	Chicken & Waffles Honey Chipotle Sweet Potatoes Vegetable of the Day Fruit of the Day	Chili Cheese Fries w/ Soft Pretzel Steamed Carrots Vegetable of the Day Fruit of the Day	Walking Taco Nachos Brown Rice Seasoned Black Beans Vegetable of the Day Fruit of the Day
Crispy Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Pita Bread	Chicken Caesar Salad w/ Pita Bread	Taco Salad
*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich

## Daily Entrées

**Burgers  
Chicken Sandwiches  
Pizza Selection  
Nachos**

**Included with Every Meal**  
**Fruit and Vegetable**  
**Choice of Milk**

**V= Vegetarian**

(\*) Contains or may contain Pork

## Arbor A+ Nutrition Mission To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods  
Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms
- ✓ Plant based entrée options

*-Arbor Management-*

## Make Choices for a Healthy Lifestyle!



For more information or to "Ask the Dietitian", check out our website!

**Please note:** Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding! This institution is an equal opportunity



# March Morton Academy School Lunch

**Lunch \$ 2.80**

**Milk \$ 0.60**

**Included with Every Meal**

**Fruit and Vegetable  
Choice of Milk**

**FEATURES**

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- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms
- ✓ Plant based entrée options

*-Arbor Management-*

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		1	2	3
		1/2 Day	*Grilled Chicken Bacon Melt Spiral Fries Vegetable of the Day Fruit of the Day	Italian Meatball Sub Seasoned Green Beans Vegetable of the Day Fruit of the Day
6	7	8	9	10
Chicken Fajita Quesadilla Chili Lime Sweet Corn Vegetable of the Day Fruit of the Day	Yang's Mandarin Orange Chicken Brown Rice Vegetable of the Day Fruit of the Day	Pasta Bolognese Garlic Bread Green Peas Vegetable of the Day Fruit of the Day	*Honey BBQ Pork Rib Sandwich Baked Fries Vegetable of the Day Fruit of the Day	1/2 Day
13	14	15	16	17
Hot Italian Cheesy Sub Seasoned Green Beans Vegetable of the Day Fruit of the Day	Korean Beef Tacos Honey Ginger Carrots Vegetable of the Day Fruit of the Day	Homemade Buffalo Mac & Cheese Pretzel Rod Vegetable of the Day Fruit of the Day	Chipotle Chicken Burrito Bowl w/ Brown Rice Vegetable of the Day Fruit of the Day	Grilled BBQ Chicken Sandwich Smiley Fries Vegetable of the Day Fruit of the Day
20	21	22	23	24
Signature Cheeseburger Deluxe Seasoned Fries Vegetable of the Day Fruit of the Day	Popcorn Chicken Mashed Potato Bowl Corn Bread Muffin Vegetable of the Day Fruit of the Day	Chicken Drumstick Biscuit Garlic Parmesan Roasted Potatoes Vegetable of the Day Fruit of the Day	Jumbo Corn Dog Steamed Broccoli Vegetable of the Day Fruit of the Day	Penne Rosa Pasta-V Garlic Bread Glazed Carrots Vegetable of the Day Fruit of the Day
27	28	29	30	31
Chicken Fajita Burrito Spanish Rice Chili Lime Sweet Corn Vegetable of the Day Fruit of the Day	Rotini & Meatballs Garlic Bread Steamed Broccoli Vegetable of the Day Fruit of the Day	Chicken & Waffles Honey Chipotle Sweet Potatoes Vegetable of the Day Fruit of the Day	Chili Cheese Fries w/ Soft Pretzel Steamed Carrots Vegetable of the Day Fruit of the Day	Walking Taco Nachos Brown Rice Seasoned Black Beans Vegetable of the Day Fruit of the Day
Crispy Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Pita Bread	Chicken Caesar Salad w/ Pita Bread	Taco Salad
*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich